## 24<sup>th</sup> 'NACHIKETAS CAMP' A brief report

With the God's grace & Swamiji's blessings, 24<sup>th</sup>, Annual residential Nachiketas Camp for students of Std VIII to X was conducted from 4<sup>th</sup> to 6<sup>th</sup> October 2024 at our Ashram premises. 56 students were participated.

- Introduction session was by Smt. Vijaya Murthy, Director of the School.
- Campers are fortunate to get Swamiji's sessions every day, inclusive of Question Answer session on day-3.
- Other sessions, based on Self- Knowledge were conducted by students of Swamiji, Smt.VijayaMurthy, Sri.D.Ayyappan, Smt. Lalitha Rajaraman, Brni. Karunachaithanya, Mr. Sudharshan Krishna, Smt. Mangayarkarasi, Mrs.M.Tamilselvi (Principal, SVU), Mrs.Parimala.
- On Day-2 & 3, Yoga sessions were conducted by Mrs. Geetha Shankar, Senior Yoga Therapist Consultant & Teacher at KYM and by our yoga teacher Mrs. R.Sakthipriya.
- Also, Art session was conducted by our Art & Craft teachers Mrs. Samsath and Ms. M. Hemalatha.
- The campers got the opportunity to learn the exact rules followed in the Chess game & Chess tournaments, through the games session conducted by officially trained Chess coach Mr. R. Vasudevan.
- Also, the children prepared for a debate on Joint Family vs. Nuclear Family and presented the same.
- Campers presented their Oral feedback in the Valedictory session & also submitted their filled Feedback form. Sri.D.Ayyappan distributed the certificates & the memento to the participants.

The Co-operation of the House mothers, masters (Teachers of SVU& a grand mother of one of the campers) & our Director Smt. Vijaya Murthy's guidance made the camp a successful one. Also, the feedback from the campers & their responses during the sessions, especially in Swamiji's session, made the organisers feel fulfilled.

-M. Tamilselvi.